
WEEKS 28 TO 33

ATTACK AND DEFEND

SESSIONS 1 AND 2 (28-29) - THOUGHT LIFE

Intentional Behavior
Quadrants of Your Mind

SESSIONS 3 AND 4 (25-26) - PRACTICAL COURAGE

Practices That Protect
Courage That Attacks

SESSION 5 - OUR RELATIONSHIP WITH GOD

SESSION 6 - DEMONS, ANGELA, AND THE SPIRITUAL WAR

THE APPLICATION STARTS HERE...



“Once you know who you are in Him, the freedom, blessing, and authority unlocked are incredible!

Duane Sheriff - Victory Life Church

“Self awareness is the ability to see ourselves clearly—to understand who we are, how others see us and how we fit into the world”

Dr. Tasha Eurich - Author of INSIGHT

INTENTIONAL BEHAVIOR & QUADRANTS OF YOUR MIND

FIRST CORINTHIANS CHAPTER 2, VERSES SIX, SEVEN, AND EIGHT

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SPIRITUAL WISDOM

One of the most powerful statements in scripture is that we have the mind of Christ. Because of His mind staying fixed on the things of the Spirit, Christ was able to go about his life with intentionality, despite sacrifice, was able to defeat Satan, conquer death, and liberate us from sin.

Having Christ's mind leads us to have Christ's intentionality.



Let this mind be in you which was also in Christ Jesus, who, being in the form of God, did not consider it robbery to be equal with God, but made Himself of no reputation, taking the form of a bondservant, and coming in the likeness of men. And being found in appearance as a man, He humbled Himself and became obedient to the point of death, even the death of the cross. Therefore God also has highly exalted Him and given Him the name which is above every name, that at the name of Jesus every knee should bow, of those in heaven, and of those on earth, and of those under the earth, and that every tongue should confess that Jesus Christ is Lord, to the glory of God the Father. **Philippians 2:5-11**

THE THREE ELEMENTS OF AUTHORITY

We have the same power and can see the same results. We can also see Satan defeated, sin thwarted, and released from the fear of death. If we are in a spiritual battle, we need to know what it looks like to win the war. To fully understand our victory, let's imagine for a moment the consequences if we lose. We give our authority to Satan, lose our faith to fear, and the consequences of sin take us to death from which there is no recovery!



He who says he abides in Him ought himself also to walk just as He walked. **1 John 2:6**

So to be victorious, we have to establish an intentionality that conforms us to Jesus's image and His thinking. This means our efforts and thoughts place us on the opposite spectrum of defeat. Sin and death have no grip, fear is left behind, and Satan has no effect. This is the real battle we are in - the battle of believing that the spoils of spiritual victory are ours and not what the news from the flesh realm would have us believe.



Satan is a dodgy news anchor in a system that broadcasts fake news about your spiritual status!

PEACE THAT SURPASSES FAKE NEWS



Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus. **Philippians 4:6-7**

Aligned spiritual thinking gives us wisdom that creates peace in us that will not have us acting in fear, sin, or desperation!

Peace or clarity of mind, coupled with Godly Wisdom, are the two biggest weapons in the spiritual war we find ourselves in. To move towards that peace and wisdom, we have to begin understanding ourselves and dismantle our conquered thinking to establish the thought life of the Conqueror!

Course correction is as much about knowing where you want to be (mind of Christ) as where you find yourself.

To truly begin the process of discovering the power of intentional thought and, therefore, intentional behavior, you have to be willing to **STUDY** yourself. Why did I not...? Why did I...? How can I...? What prevented me from...?

The more you discover in relation to God, Christ, the Holy Spirit, and others, the greater **PEACE** you find. The greater the peace, the greater the wisdom, the greater the wisdom the closer to the mind of Christ.

We have plenty of sources to study Jesus. But we can better understand ourselves by looking at three main sources:

- ◆ What we **KNOW** about ourselves
- ◆ What **OTHERS** know about us
- ◆ What **GOD** needs to reveal to us

JOHARI WINDOW

American psychologists Joseph Luft and Harry Ingham developed a model in 1955 called the **JOHARI WINDOW**. With some minor tweaks, their model can help us develop self-awareness and heightened intentional thinking.

Luft and Harry suggested that there were four areas of our self-awareness.



THE OPEN AREA

Information about your attitudes, behavior, emotions, feelings, skills, and views are known to yourself and are clearly evident to others around you.

THE BLIND SPOT

Information and interpretations about yourself that are known to others but you are unaware of or have a skewed opinion of.

THE HIDDEN AREA

Information that is known to you but that you keep from sharing with others.

THE UNKNOWN AREA

Information that you are unaware of and others don't know. This includes information, feelings, capabilities, talents, etc. This can be due to traumatic past experiences or events which can be unknown for a lifetime.

THE ARENA OF PEACE

The **OPEN** area is generally an area of **WISDOM** and **PEACE**.

To best navigate the **HIDDEN** area, you must be **TRANSPARENT** with those you **TRUST**.



Walk with the wise and become wise; associate with fools and get in trouble. **Proverbs 13:20 NLT**



WINNING THE SPIRITUAL BATTLE IS ABOUT CHOOSING JESUS AND BEING WISE ABOUT WHOM YOU CHOOSE TO HANG OUT WITH.

The **BLIND SPOT** is best navigated with **HUMILITY**.

In the **UNKNOWN** space, seeking **REVELATION** through conversations with the **HOLY SPIRIT** and meditating on the **WORD** creates a self-awareness of your God-given authority, blessing, and purpose.



Don't copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think. Then you will learn to know God's will for you, which is good and pleasing and perfect. **Romans 12:2 NLT**

YOUR STUDY



Conduct an AIR Study AND Linked Learning of 1 Corinthians 2:6-8; and Philippians 2:5-11.

SUMMARY QUESTIONS

1. What have peace and wisdom got to do with spiritual warfare?
2. What are the three elements of authority (won or lost)?
3. What has self-awareness got to do with defeating Satan?
4. Describe the quadrant of your mind that scares you the most.
5. What is the best source of intentional thinking we can tap into and what quadrant has the highest potential to create change in our thinking?