

## THE PURPOSE PATH

# TIMELINE

### STEP ONE

**Identify the people, events, and circumstances that have most affected your life.**

Write them down on the yellow sticky notes, using a separate note for each one. This is a brainstorming time, and you don't have to worry about placing them on the foldout or trying to get them into any order.

### STEP TWO

**Now is the time to put things in order.**

Using the vertical rows and starting on the left-hand side, arrange your sticky notes in chronological order on your page. Place your earliest sticky note in the top left corner, leaving room for a row of sticky notes across the top and bottom of the page. Place your second earliest sticky note below the first.

### STEP THREE

**Call it like it was.**

Identify the yellow sticky notes that were painful or difficult at the time you experienced them. Rewrite each of those items on a pink sticky note and discard the yellow ones.

### STEP FOUR

**Organize your timeline into chapters.**

Look at the notes you have placed on your page and organize them into chapters. Write a chapter title for each row on a blue sticky note. Place these chapter titles along the top margin of your page above their corresponding section.

### STEP FIVE

**Clarify the major life lessons.**

Review your chapter titles and your yellow and pink sticky notes under each chapter to see what major lessons emerge. Write these lessons on the green sticky notes and place them along the bottom margin of the page. Try to identify at least one lesson for each chapter.

### STEP SIX

**Add your life lessons to your first circle.**

When your timeline is completed, write three to five lessons from your green sticky notes (life lessons) into your past experiences circle in your Purpose Path foldout. This will complete your first circle.

# CHAPTER TITLES

EARLIEST EVENT



# LESSON LEARNED



# CHAPTER TITLES



MOST RECENT EVENT

# LESSONS LEARNED

# THE PURPOSE PATH

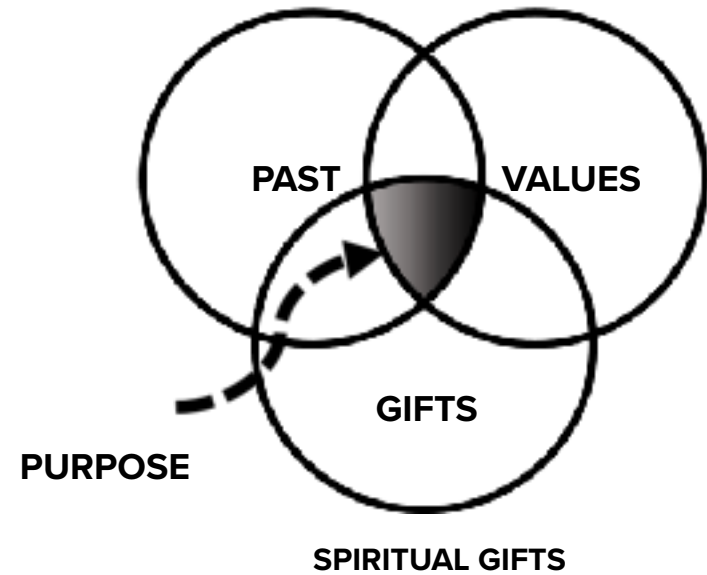
## THE THREE CIRCLES

### THE THREE CIRCLES

Your purpose is found where your past experiences, core values, and your spiritual gifts overlap. Your facilitator will let you know when to fill in each circle during sessions 2 and 3.

PAST EXPERIENCES

CORE VALUES

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# THE PURPOSE PATH

## PURPOSE STATEMENT

If you still don't feel quite ready to write your purpose statement, then write is in one long ramble. Refer to the questions in your guide for help.

### YOUR PURPOSE STATEMENT

Write Your Purpose Statement Out In One Sentence.

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